

**OR 3910**

September 2, 1999

**SUBJECT: WELLNESS PROMOTION HEALTH FAIR**

Methodist Medical Center (MMC) Community Education Program will sponsor a Wellness Promotion Health Fair for the U.S. Department of Energy, Office of Scientific and Technical Information Center, and contractor employees on Thursday, September 16, 1999, from 9:00 a.m.- 3:00 p.m. The fair will be held in rooms G-205 and G-215 of the Federal Office Building.

All testing will be without charge except for blood chemistry screening on blood lipids, cholesterol, and blood glucose. The charge for this test is \$15 and payable when the specimen is obtained. The employee should not eat or drink except for water or black coffee until after the specimen is obtained.

Other screening tests which will be provided include:

<u>Screening Tests</u>	<u>Provider</u>
Bone Density	Oak Ridge Breast Center
Vision and Glaucoma	Eye Center of Oak Ridge
Body Fat Measurement	Oak Ridge Health Department
Blood Pressure	MMC Hospital Volunteers
Foot Screening	Gerald Calia, DPM
Allergies	Allergy, Asthma and Sinus Center
Balance and Grip	MMC Physical Therapy
Depression and Memory Loss	Behavioral Medicine MMC
“Net” Nursery	Women’s Center MMC
Alcohol and Drug Abuse	Behavioral Medicine MMC

All Federal employees and contractors are invited to participate in the screening tests. Health education literature will be provided.

Questions about the Health Fair should be directed to Iris Housley, RN, at 576-0682.

Lois Jago, Chief  
Personnel Management and  
Analysis Branch